BENGALURU, SUNDAY, JULY 23, 2023 www.Bangaloremirror.com 16 Pages PRICE ₹4

Bangalore Mirror ON SUNDAY

TEMP Max 26 | Min 20 | Humidity 81% Scattered Thunderstorms Sensex 66,684 | Nifty 19,745 | Gold 59,298 | Silver 74,966 | Dollar 81.99 | Euro 91.24 | GBP 105.41

TENDER THOUGHTS

Do we dare hope there would be movement on Ejipura flyover soon?

PAGE 4

IT'S AN OFFENCE

To not take forest, wildlife violations seriously as cases pile up in state

PAGE 5

Focus on creating recharge structures becomes all the more important as groundwater level plunges fast towards rock-bottom

TIME FOR A RECHARGE

Rainwater harvesting has its constraints, experts point to more sustainable option

| Garima Prasher
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TWEETS @BangaloreMIRROR

As groundwater levels in Bengaluru have fallen further by more than four metres in various parts of the city, experts say it is high time to think beyond rainwater harvesting and start making efforts to improve groundwater recharge systems too.

According to the monthly groundwater report by Ground Water Directorate, when compared with June 2022, average groundwater level data, the levels in Bengaluru East and Bengaluru South have gone down by more than four metres below ground level and in Bengaluru North, it has fallen by nearly two metres below ground level in June this year.

As per the report, groundwater in Bengaluru East is now reachable at 50-53 metres below ground level. In Bengaluru North, South and

CONTINUED ON PAGE 4 »

"Although a storage and reuse system makes sense for housing societies and is an important aspect of rainwater harvesting, there are some constraints apart from cost

–Shubha Ramachandran, Biome Environmental Trust

Dude, where's my car park?

Citizens, cab drivers want authorities to create adequate space for cab parking to reduce haphazardness of it all

| Melvin Mathew
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TWEETS @BangaloreMIRROR

As a tussle between citizens and taxi drivers rages over parking, the issue of lack of adequate parking spaces for the rising number of cabs in the city has come to the fore. Taxi unions are demanding more multi-storey parking structures for them to safely park their vehicles.

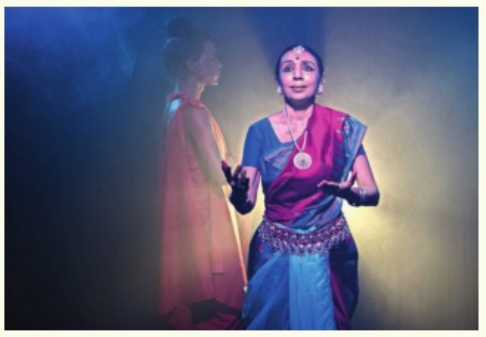
For citizens, the pet complaint is that taxi drivers park in residential areas and taxi drivers complain of harassment from traffic police officials. But with no other alternative for parking being provided, drivers say they are left with no choice but to park wherever space is available. Drivers working for cab aggregator services require parking spaces during the day and night.

A resident of HSR Layout, Soham, told BM that they are facing issues with taxi drivers parking in their area. " Across 19th Main Road and the smaller lanes inside are used for parking. Vehicles are double and triple parked all over the main road.

CONTINUED ON PAGE 13 »

3 THINGS TO DO

01 Odissi elegance

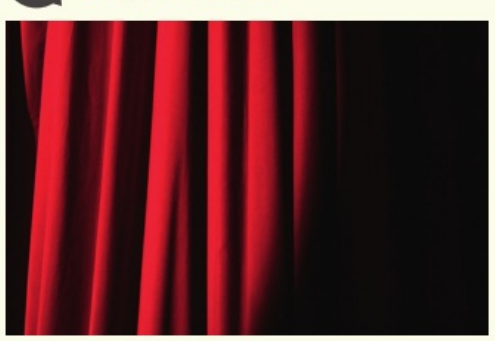


For the first time, Rabindranath Tagore's Natir Puja is set to be brought alive in the form of an Odissi dance drama in Bengaluru. Grab your seats to witness one of the most popular Odissi dancers, Sharmila Mukerjee, and her ensemble Sanjali, who will be showcasing their brand new production at 'The Dancer's Worship'.
Where: Bengaluru International Centre, 7, 4th Main Road, Domlur
When: July 30; 6:30 pm onwards

02 All handmade

Here's a chance for you to explore a variety of handlooms, jewellery, gems, bed rugs, Kalamkari sarees, fabrics, earrings, kurtas, and more at the Rajasthan Handloom and Handicraft Expo. The exhibition aims to bring together rural artisans from the eastern part of India through the use of traditional handloom skills to create contemporary lifestyle products.
Where: Sri Someshwara Sabha Bhavana , RBI Layout, CA03, Kothnur Main Road, JP Nagar 7th Phase
When: until July 30

03 Catch seats



Produced by Nalanda Arts Studio, Desdemona Roopakam is presented in English, Kannada, and Tamil with English subtitles. This theatre play is about the feminist narratives of the most renowned writer, Shakespeare's Othello, and a few Indian mythologies. The piece is directed by Abhishek Majumdar.
Where: Jagriti Theatre
When: Saturday-Sunday, July 29-30

Kannada: 'A top priority'

CBSE encourages schools to implement Kannada as medium of instruction; activists say local language can help students analyse subjects better

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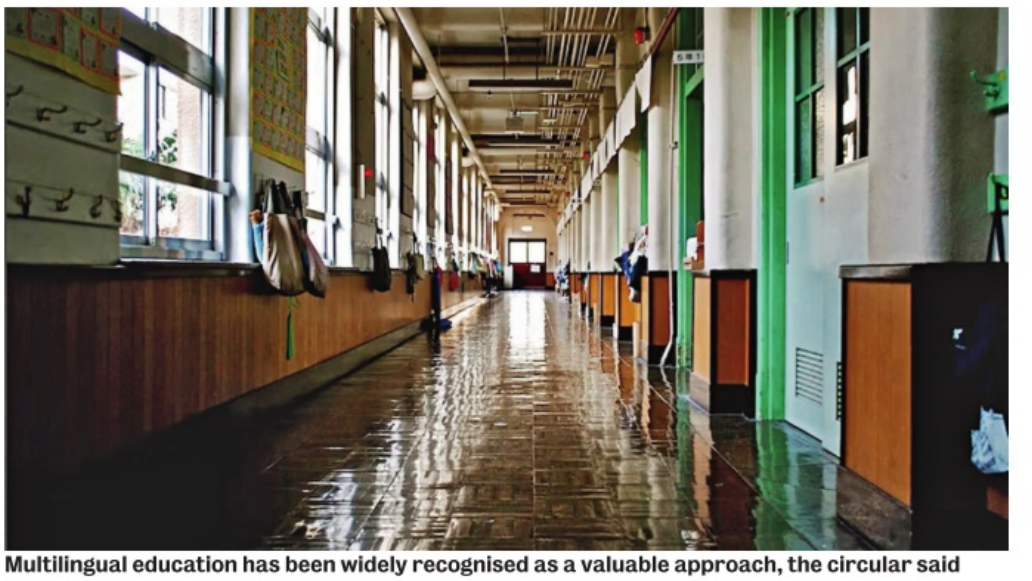

Multilingual education has been widely recognised as a valuable approach, the circular said

While many schools affiliated with the Central Board of Secondary Education (CBSE) are failing to teach Kannada as a subject, the latest circular from the board has stumped the schools. In a circular issued on Friday, CBSE asked schools to explore options for using Kannada as a medium from grades 1 to 12. The move has been welcomed by Kannada activists.

The circular, issued by the Board's Director (Academics), Dr Joseph Emmanuel (a copy with Mirror), states that multilingual education has been widely recognised as a valuable approach to fostering linguistic diversity, cultural understanding, and academic success among students.

"The National Education Policy 2020, in paragraph 4.12, emphasises the significant cognitive advantages of multilingualism for young learners, particularly when they are exposed to multiple languages from the foundational stage, with a specific focus on their mother tongue. The policy strongly advocates for utilising the home language, mother tongue, local language, or regional language as the medium of instruction whenever feasible, at least until Grade 5, but preferably extending till Grade 8 and beyond," it noted.

The circular mentions that implementing multilingual education and utilising the mother tongue as a medium of instruction presents several challenges. These challenges include the availability of skilled teachers capable of teaching in multilingual settings, the creation of high-quality multilingual textbooks, and the limited time available, especially in two-shift government schools, as multilingual education demands additional instructional time allocation.

> **"The Ministry of Education, Government of India, has taken several measures to actualise education through Indian languages on the ground**
> –Dr Joseph Emmanuel

"In view of the above challenges, the Ministry of Education, Government of India, has taken several measures to actualise education through Indian languages on the ground. One of the major steps taken now is the direction given by the Ministry of Education to NCERT for preparing new textbooks in the 22 scheduled Indian languages. The NCERT has taken this serious task on the highest priority so that textbooks in the 22 scheduled languages can be made available to all students in the next session," he explained.

The textbooks in technical education, medical education, vocational education, skill education, law education, etc. are now available in Indian languages. Since higher education has started responding to this need, then school education has to become its foundation. The approach towards the medium of instruction should be continuity from school education to higher education. Therefore, the schools affiliated with CBSE need to play a vital role in this great endeavour by offering education in Indian languages, he added.

In view of the above initiatives taken to facilitate education through Indian languages, the CBSE-affiliated schools have been asked to consider using Indian languages, as enumerated in Schedule 8 of the Indian Constitution, as the medium of Instruction from the foundational stage till the end of the secondary stage (from pre-primary classes till class XII as an optional medium in addition to other existing options).

"Schools may explore the available resources, consult with experts in the field, and collaborate with other schools to share best practices to make multilingual education in CBSE schools a reality," said Emmanuel.

Welcoming the move, Suresh Gowda, a Kannada activist, said, "Research has shown that the local language as a medium of instruction can help students understand and analyse the subjects better. Now, we need to see how many schools will come forward to take up this initiative."

VK Street Sambhrama: Be there, today

The stage is set for the VK Street Sambhrama at Jayanagar today, and many residents are eagerly waiting to reclaim their streets.

"Jayanagar is one of the busiest localities in the city, making walking on the roads quite challenging. So now it will be a dream come true to play on the road with friends and family. I thank Vijay Karnataka and Bangalore Mirror for organising this VK Street Sambhrama, which will bring back my childhood memories," said Anuradha R, a resident of Jayanagar.

The Street Sambhrama will see the participation of Bengaluru South MP Tesjaswi Surya, Jayanagar MLA CK Ramamurthy, actresses Samyukta Hornad and Chaitra J Achar, and musician Vasuki Vaibhav.

Citizens can participate in games, beatboxing, tug of war, etc.

The Street Sambhrama provides a unique opportunity for residents to take part in many games and events like dance fitness programmes, fitness awareness programmes, yogasana introductions, spot painting, traditional games like kunte bille, lagore, buguri, beatboxing, tug of war, caricature, health programmes, lemon and spoon races, and more. Food shops will also be available for the attendees. Entry is free, and residents from various parts of the city are requested to take part in the Street Sambhrama. **–Prakash VL**

Venue
In front of Nandanavana Children's Playground 18th main, 4th T Block, Ward 168 Pattabhinagar, Jayanagar

Time
7 am to 11 am
Entry is free

Abuse on wheels: Bike taxi service, police swing into action after nightmare

Woman raises complaint over driver verification process

File photo of bike Taxis associated with Rapido at Yeshwanthpur RTO

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A disturbing incident of harassment came to light after Athira Purushothaman, a resident of Bengaluru, shared screenshots of abusive messages she received from a Rapido bike taxi driver. The Electronic City police arrested the accused Kuruvettappa Shivappa (23), from Haveri. The victim claimed that the driver made inappropriate calls to her after the ride until she was compelled to block his number. Following her revelation, other residents have come forward with similar stories of harassment.

The incident took place after Athira participated in a demonstration against violence in Manipur near Town Hall in Bengaluru. She booked a Rapido bike for her ride home. But to her surprise, the driver arrived on a different bike than the one listed on the app. The driver claimed that his registered vehicle was under maintenance, and she proceeded with the ride after confirming the booking on the driver's app.

As they approached a secluded area, the driver began engaging in inappropriate behaviour. "During the journey, we reached a remote area with no other vehicles around. Shockingly, the driver began riding with one hand and engaging in inappropriate behaviour (Masturbating while riding the bike). Fearing for my safety, I remained silent throughout the ordeal," tweeted the victim.

She also said that she asked him to drop her 200 meters before her actual destination to conceal her home location. "Once the ride was over, he started relentlessly calling and messaging me on WhatsApp. I had to block his number to stop the harassment," she added.

Expressing her concern, Athira questioned the driver verification process carried out by Rapido and demanded that immediate measures be implemented to ensure the safety of all passengers.

In response to the tweet, Bengaluru city police replied that SJ Park police station has been informed about it and swift action will be taken. Sources close to the victim revealed that Athira plans to file an official complaint at the Electronic City police station.

Bangalore Mirror reached out to Rapido for an official statement on the matter, but the company had not responded at the time of publishing this news.

When approached by Bangalore Mirror, the Rapido team informed that upon learning about the incident, Rapido took immediate and strict action against the captain involved by suspending him from the platform. "We are fully cooperating with the investigating authorities and providing all necessary support to the affected passenger during this challenging time. Our dedicated team is working closely with all relevant parties to ensure a thorough investigation into the incident," Rapido representative told BM.

Rapido emphasised that customers should not share their personal phone numbers directly or indirectly with the captains or drivers.

"To facilitate secure communication, all conversations between customers and Rapido captains occur through a secure third-party call 'masking service,' ensuring privacy and safety for both parties," Rapido added.

Couple of tomato thieves nabbed

Bengaluru police on Saturday, announced the arrest of a couple in connection with the tomato robbery case reported to RMC Yard police station. Bhaskar and his wife Sindhuja, have been identified as the accused. However, the authorities are still on the lookout for three other offenders, namely Mahesh, Kumar, and Rocky, who were involved in the crime.

The incident occurred close to Chikkajala in Bengaluru, falling under the jurisdiction of the RMC Yard police station. The victim was a farmer transporting tomatoes from Kolar market to Hiriyur town in Chitradurga district. According to the police, a case has been filed against the accused under sections 346A (kidnapping, abduction, or holding a person in detention) and 392 (robbery) of the Indian Penal Code (IPC).

The incident happened on July 8, after intimidating a farmer in Bengaluru, the miscreants fled with the vehicle carrying 2,000 kilograms of tomatoes valued at about Rs 2.5 lakh. The CCTV footage was retrieved by RMC Yard police who also gathered information on the accused couple.

After selling the tomatoes, they parked the car close to Peenya before making their getaway in a different car without a license plate. **BMB**

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Overcoming obstacles: Ejipura flyover to progress

Tender expected to get clearance in Cabinet this week

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As Koramangala residents continue to complain about the absence of a right signal at Sony World signal, the Ejipura flyover remains a 'heritage site'. Sources reveal that the tender is expected to receive clearance in the Cabinet this Thursday.

The Ejipura flyover project has been delayed awaiting government approval. The Bruhat Bengaluru Mahanagara Palike (BBMP) issued its fourth tender for the new contractor. Finally, there seems to be progress in getting the project back on track.

Speaking to BM, a senior BBMP official handling the project said "Tender is under process and the contractor proposal has been sent to the government for approval. The government will approve the tender and then we will issue the work order. The tender has been finalised and awarded to Hyderabad-based contractor B Seenaiah & Company (Projects) Limited (BSCPL)."

"Tender is under process and the contractor proposal has been send to government for approval. Once approved,we will issue the work order

–BBMP Official

File photo: Abandoned project designed to provide signal free movement along Koramangala

Taking over the project from Simplex, the new contractor faces the difficult task of completing 60 percent of the work. Since the project commenced in 2017, only 40 percent of the work has been completed, according to BBMP sources.

Speaking to BM, state Transport Minister, Ramalinga Reddy assured the matter to be addressed by Thursday. "The issue will be addressed in the Cabinet meeting and will be cleared this Thursday" he added.

The 2.5 km long flyover, stretching from the junction of Ejipura main road-Outer Ring Road to Kendriya Sadan junction, is expected to cost Rs 252 crores. Originally estimated at Rs 204 crores, delays in completion by Simplex until 2019 have incurred an additional cost of Rs 49 crores for the Palike and taxpayers. Between 2018 and 2019, the contractor made only 3 percent progress, with further delays of 2 percent and 10 percent progress between 2019 and 2023. To complete the remaining portions of the flyover, the Palike requires Rs 141.6 crores.

Presently, only 67 of the proposed 81 pillars have been completed.

After consistently missing deadlines, the contract awarded to Simplex Infrastructure Limited was terminated in 2022. The contractor declared bankruptcy, and the Rs 10.16 crores deposit was forfeited. Subsequently, BBMP faced challenges in retendering the project, and it had to call three tenders before securing a successful bidder for the fourth one. Originally projected to be completed by 2024, the flyover's completion has faced numerous setbacks.

Recharge well at each house can go long way

CONTINUED FROM PAGE 1

Yelahanka, it is available at 10-20 metres below ground level.

With constantly falling groundwater levels in the city, experts say that while rainwater storage and reuse during monsoon is one option, a city such as Bengaluru must focus on creating recharge structures at the city level to maintain the depleting water table.

Experts say while the storage system of rainwater harvesting requires elaborate and expensive processes to collect, filter and distribute rainwater, groundwater recharging systems are much less complicated and inexpensive to build and maintain.

"Groundwater recharge is a much easier form of rainwater harvesting and recharge wells should certainly be our priority at city level. Although the storage and reuse system makes sense for housing societies and is an important aspect of rainwater harvesting, there are some constraints apart from cost, such as the water entering the system should be much cleaner. Moreover, the storage capacity is always limited. On the contrary, recharge wells are much cheaper and have unlimited capacity," said Shubha Ramachandran, water team lead at Biome Environmental Trust.

Experts say that groundwater recharge wells should be made compulsory for every household and commercial space in the city. Given that these structures can be created in public areas, they form a more sustainable solution towards maintaining Bengaluru's groundwater table.

According to BBMP Bye Laws 2003 and BWSSB Amendment Act, 2009, a structure within BBMP's jurisdiction or with a BWSSB connection must have a recharge well. If the property has a built up area exceeding 100 square metre on sital area of 200 square metre (BBMP) or a built up area of 1,200 square feet and above on sital area of 2,400 square feet and above (BWSSB), a recharge well of a minimum of one meter diameter and six meter depth is mandatory.

No implementation

While rules are in place, implementation is lacking.

"Rainwater harvesting rules are hardly being followed in the city. Recharge wells and rainwater harvesting systems should be made mandatory and treated as preconditions for water and electricity connections. Every house should have a recharge well. However, the authorities must ensure that recharge pits are not replacing recharge wells and these wells are at least 20 feet deep for efficient recharge of groundwater table. Moreover, even the smaller plots should be included under these rules. There are examples of 30*40 sites in the city with five storeyed houses. These rules should be implemented outside BBMP and BWSSB limits as groundwater follows no such demarcation," said V Ramprasad, a city-based activist.

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Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Traffic obstruction

Hennur

Two cars are consistently parked in a previously cleared to create a wider path for vehicles between 1st and 2nd Cross Hennur Road, behind Sundar Hospital in the St Thomas Town area. These vehicles need to be cleared, and a No Parking sign should be installed.

Neglected layout

HSR1

In HSR Layout's 12th main, 7th sector, residents express frustration as the BBMP remains unresponsive to their pleas for the past three years, despite the submission of 20 complaints. Taxpayers are deprived of basic amenities

Dangerous footpath

Lingarajapuram

The footpath leading to St Charles School in Lingarajapuram, after crossing the Devis Road signal, is in bad condition. Neglected without any necessary repairs, the road is currently obstructed by dumped debris and encroached upon by a two-wheeler mechanic.

No offence: None taken, in case of forest violations

Forest offence cases pile up as officials' skill, awareness of law not up to the mark

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Despite a drop in the total number of forest offence cases in Karnataka over the last few years, pending cases are piling up fast. According to official data from the Karnataka Forest Department, in 2020-21, as many as 7,429 fresh forest offence cases were registered and towards the end of the year, the backlog number was 67,512.

The number of cases registered in 2021-22 went down to 6,521 and the number of cases pending as of March 31, 2022, was 69,568. But, in 2022-23, while the number of fresh cases registered was 5,808, over 70,000 cases are pending as of March 31, 2023. These cases are filed against illegal encroachment of forest land, smuggling sandalwood, red sandal, timber, wildlife-related crime, and others.

Experts say offence cases are piling up as forest department officials do not follow up after filing complaints. "While forest offence cases are filed, they rarely reach their logical end as no follow-ups are happening. This is because the department prioritises development work over clearing these cases," said a city-based wildlife conservationist.

According to Ramesh Belagere, wildlife researcher, Foundation of Ecology and Education Development, the high number of pending cases implies that enough evidence has not been provided to take these cases forward.

"Sometimes, people who are caught red-handed are middlemen, and getting to the actual criminal becomes a challenge. This requires special skills, which forest officials lack. Most of the officials working on-ground and are filing forest offence cases are not well versed with the Forest Act or Wildlife (Protection) Act. This lack of knowledge and training makes it difficult to gather pieces of evidence," said Belagere.

File photo of media personnel examining poached ivory tusks. According to experts, most of the violators who are caught in such cases are middlemen and not the actual criminals

Section 64 of the Indian Forest Act, 1927, gives power to forest officials above the rank of ACF to arrest a defaulter without any warrant. As per the law, any forest officer may, without orders from a magistrate and a warrant, arrest any person against whom there is a reasonable suspicion of having been involved in any forest offence that is punishable with imprisonment for one month or upwards.

"Even the Karnataka Forest Act,1963, empowers forest officials above the rank of ACF to hold a summary inquiry to check the veracity of the document produced by encroachers as well as forest department officials, which is the range forest officer. If the official concludes illegal encroachment of forest land, they can declare eviction through an order. This is a civil procedure and does not require a magistrate order. However, rarely are such steps taken. This is because there is no pressure from higher authorities to clear them," said a source from Karnataka Forest Department.

Encroachment

Interestingly, encroachment cases form the largest chunk of pending forest offence cases. Out of the total of 70,312 pending cases, 44,608 are of illegal encroachments. Conservationists say the lack of action against offenders in such cases is only emboldening them.

"Unresolved cases give history sheeters a chance to repeat the offence. The majority of the encroachment cases are not even filed under appropriate sections. While the laws and rules governing our forests and wildlife are stringent, implementation is the issue. For instance, while encroachment of forest lands is punishable by three to seven years of imprisonment, offenders are allowed to walk away with a penalty sum," said the conservationist.

Some also highlight that forest officers lack the skill of developing networks or intelligence gathering. "Karnataka Forest Department has a frail intelligence network. This impacts their ability to track forest-related crime leading to a lack of evidence," said Sharath Babu, a city-based wildlife activist.

Mysore Pak takes the world by sweet storm

Ranked 14th among Top Street Foods Globally

Bangalore Mirror Bureau
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TWEETS @BangaloreMirror

There may hardly be anyone who has not heard of Mysore Pak in the city. Now, this sweet has hit global headlines as it has been ranked at the 14th spot among the world's best street foods. The online food taste atlas announced the list of top street foods across the globe in July. Alongside Mysore Pak, kulfi has secured the 18th spot with a 4.3 rating, and kulfi falooda, with a 4.1 rating, has claimed the 32nd spot.

Numerous sweet shops have mushroomed in Bengaluru and Mysuru, all of which have carved a name for Mysore Pak.

There is a captivating history attached to Mysore Pak. Around 90 years ago, Kakasura Madappa was the chief chef at the Mysore royal palace. During one of King Krishnaraja Wadiyar's dinners, he noticed the absence of a sweet dish on the King's plate. Madappa promptly decided to prepare a sweet dish to satisfy the King's demand. He quickly made a sweet using sugar, ghee, and gram flour. The dish received instant appreciation from the King. As it lacked a name, the King decided to call it Mysore Pak since it originated in Mysore.

Deputy Chief Minister DK Shivakumar recently tweeted, saying, "Whenever my father used to travel outside and return, he would bring back a pack of Mysore Pak, and we would cherish those sweets. The credit for popularising Mysore Pak goes to all those chefs who have contributed to its delicious taste." Guru Sweets in Mysuru is among the more popular sweet shops renowned for its Mysore Pak. Shivanand of Guru Sweets said, "It was a matter of pride that Mysore Pak had gained global recognition. The sweet, founded by Kakasura Madappa, has now traveled across the globe."

Second wife can't complain of cruelty?

The High Court of Karnataka has set aside the conviction of a 46-year-old man under Section 498A (married woman subject to cruelty) of the Indian Penal Code (IPC) as the complaint was by his 'second wife' which would make the marriage 'null and void'. The single judge bench of Justice S Rachaiah in its judgement recently said, "Once PW.1 (complainant woman) is considered as second wife of the petitioner, obviously, the complaint filed against the petitioner for the offence under Section 498-A of IPC ought not to have been entertained."

"In other words, a complaint filed by the second wife against the husband and her in-laws is not maintainable. The Courts below committed error in applying the principles and also the law on this aspect. Therefore, interference by this Court in exercising the revisional jurisdiction is justified," it said.

The court was hearing a Criminal Revision Petition filed by Kantharaju, a resident of Vittavathanahalli in Tumakuru district. –PTI

Advertorial

"ಶೈಕ್ಷಣಿಕ ಪ್ರಗತಿಗೆ" ಜೋಶಿ ಕ್ರಾಂತಿ

ಧಾರವಾಡ ಲೋಕಸಭಾ ಕ್ಷೇತ್ರ ವ್ಯಾಪ್ತಿಯ ಬಹುತೇಕ ಶಾಲೆಗಳು ಕಟ್ಟಡ ಕೊರತೆ ಎದುರಿಸುತ್ತಿದ್ದವು. ಕ್ಷೇತ್ರದ ಪ್ರತಿ ಗ್ರಾಮದಲ್ಲಿ ತೆರೆದಾಗ ಬಹುತೇಕ ಗ್ರಾಮಸ್ಥರು ಶಾಲಾ ಕಟ್ಟಡದ ದುಸ್ಥಿತಿಯ ಬಗ್ಗೆ ಗಮನಕ್ಕೆ ತರುತ್ತಿದ್ದರು. ಇದಕ್ಕೆ ಏನಾದರು ಒಂದು ಪರಿಹಾರ ಒದಗಿಸಬೇಕು. ಕ್ಷೇತ್ರದ ಶಾಲೆಗಳಿಗೆ ಅಗತ್ಯ ಮೂಲ ಸೌಕರ್ಯ ಒದಗಿಸಬೇಕು ಎನ್ನುವ ಉದ್ದೇಶ ಲೋಕಸಭಾ ವ್ಯಾಪ್ತಿಯ ಸರಕಾರಿ ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಾಲೆಗಳಿಗೆ ಕೋಲ್ ಇಂಡಿಯಾ, ಎಚ್.ಪಿ.ಸಿ.ಎಲ್., ಐ.ಒ.ಸಿ.ಎಲ್, ಬಿಪಿಸಿಎಲ್, ಟಾಟಾ ಇಟಾಚಿ ಹಾಗೂ ಇ.ಐ.ಎಲ್. ನ್ಯೂ ಡೆಲ್ಲಿ ಕಾರ್ಪೊರೇಟ್ ಕಂಪನಿಗಳ ಸಾಮಾಜಿಕ ಹೊಣೆಗಾರಿಕೆ ಚಟುವಟಿಕೆ (ಸಿಎಸ್ಆರ್.) ಅಡಿ 165 ಶಾಲಾ ಕೊಠಡಿ ಹಾಗೂ 2019-20ನೇ ಸಾಲಿನ ಸಚಿವರ ಸಹಯೋಗದ ಆರ್.ಐ.ಡಿ.ಎಫ್. ಯೋಜನೆಯಡಿ 446 ಕೊಠಡಿ ಸೇರಿ ಒಟ್ಟು 611 ಶಾಲಾ ಕೊಠಡಿಗಳ ನಿರ್ಮಿಸಲಾಗಿದೆ. ಅವುಗಳು ಈಗಾಗಲೇ ಉದ್ಘಾಟನೆಗೊಂಡು ಕಾರ್ಯಾರಂಭಗೊಂಡಿವೆ.

ಅಲ್ಲದೇ ಕೋಲ್ ಇಂಡಿಯಾ ಲಿ. ಸಿಎಸ್ ಆರ್ಅಡಿ 2ನೇ ಹಂತದಲ್ಲಿ 141 ಹಾಗೂ ವಿವೇಕ ಯೋಜನೆಯಡಿ 295 ಸೇರಿ ಒಟ್ಟು 436 ಶಾಲಾಕೊಠಡಿಗಳು ನಿರ್ಮಾಣ ಹಂತದಲ್ಲಿದ್ದು, ಆರು ತಿಂಗಳಲ್ಲಿ ಈ ಕೊಠಡಿಗಳು ವಿದ್ಯಾರ್ಥಿಗಳ ಬಳಕೆಗೆ ಮುಕ್ತವಾಗಲಿವೆ ಎಂದು ಧಾರವಾಡ ಲೋಕಸಭಾ ಕ್ಷೇತ್ರದ ಸಂಸದರು, ಕೇಂದ್ರ ಕಲ್ಲಿದ್ದಲು ಗಣಿ ಮತ್ತು ಸಂಸದೀಯ ವ್ಯವಹಾರಗಳ ಸಚಿವರು ಆದ ಪ್ರಲ್ಹಾದ್ ಜೋಶಿ ತಿಳಿಸಿದ್ದಾರೆ.

ಧಾರವಾಡ ಲೋಕಸಭಾ ವ್ಯಾಪ್ತಿಯಲ್ಲಿನ ಪ್ರತಿಯೊಂದು ಶಾಲೆಗೂ ಒಂದೊಂದು ಸ್ಮಾರ್ಟ್ ಕ್ಲಾಸ್‌ಗಳನ್ನು ಪೂರೈಕೆ ಮಾಡಲು ಉತ್ಸುಕನಾಗಿದ್ದು, ಡಿಜಿಟಲೀಕರಣ ಶಿಕ್ಷಣದ ಅನಿವಾರ್ಯವಾಗಿರುವ ಈ ಸಂದರ್ಭದಲ್ಲಿ ಕ್ಷೇತ್ರದ ಸರಕಾರಿ ಶಾಲೆಗಳಿಗೆ ಸ್ಮಾರ್ಟ್‌ಬೋರ್ಡ್‌ಗಳನ್ನು ನೀಡಲಾಗಿದೆ. ಜಿಲ್ಲೆಯ ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖಾ ಅಧಿಕಾರಿಗಳು ನೀಡಿದ ಅಂಕಿ ಅಂಶಗಳ ಪ್ರಕಾರ ಜಿಲ್ಲೆಗೆ ಒಟ್ಟು 50,000 ಡೆಸ್ಕ್‌ಗಳು ಬೇಕಾಗಿದ್ದು, ಈಗಾಗಲೇ ಕ್ಷೇತ್ರದಲ್ಲಿ ಆವಶ್ಯಕವಿರುವ ಶಾಲಾ ಕಾಲೇಜುಗಳಿಗೆ ರೂ 4 ಕೋಟಿ ವೆಚ ್ಚದಡಿ 10,000 ತರಿಸಲಾಗಿದೆ.

ಇನ್ನುಳಿದ 40 ಸಾವಿರ ಡೆಸ್ಕ್‌ಗಳನ್ನು ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಪೂರೈಸುವ ಗುರಿ ಹೊಂದಿದ್ದೇನೆ. ಇದರೊಂದಿಗೆ ಸರಕಾರಿ ಪ್ರಾಥಮಿಕ, ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲದೇ ಪದವಿಪೂರ್ವ ಬಾಲಕ, ಬಾಲಕಿಯರ ಕಾಲೇಜುಗಳಿಗೂ ಬೇಕಾದ ಸ್ಮಾರ್ಟ್‌ಕ್ಲಾಸ್‌ಗಳನ್ನು ಪೂರೈಕೆ ಮಾಡುವುದರ ಜೊತೆಗೆ ಆತ್ಯಾಧುನಿಕ ಗುಣಮಟ್ಟದ ಶೌಚಾಲಯಗಳನ್ನು 2025 ರೊಳಗೆ ಪೂರೈಸುವ ಗುರಿ ನನ್ನದು. ಶಾಲಾ, ಕಾಲೇಜುಗಳಿಗೆ ಮೂಲ ಸೌಕರ್ಯ ಒದಗಿಸುವ ಕೆಲಸ ನನಗೆ ಅತ್ಯಂತ ತೃಪ್ತಿಕೊಟ್ಟಿದೆ ಎಂದು ಸಚಿವ ಪ್ರಲ್ಹಾದ್ ಜೋಶಿ ಸಂತಸದಿಂದ ಹೇಳುತ್ತಾರೆ.

'Is this even edible?'

Citizens reject rice claiming it to be 'plastic rice'; Government says it is not plastic but 'fortified' rice and there is no need for people to be worried about it

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Call it irony, as many people are rejecting the rice distributed via the Public Distribution System (PDS), alleging that the government is supplying 'plastic' rice. However, government officials are now finding it challenging to convince people that it is not 'plastic' rice but fortified rice.

According to a source, fortified rice differs from regular rice in that it is a bit bigger in size and has a more whitish colour. Many people are scared that it might be plastic rice due to its appearance, especially when it floats in water while being washed.

Girja Devi, Deputy Director of the Food and Civil Supplies Department in Bengaluru Rural Region, clarified that they are indeed supplying fortified rice and not plastic rice. She explained that while distributing rice via PDS, a few kilogram of fortified rice are mixed with regular rice, so people receive a certain quantity of fortified rice along with the regular rice. Hence, there is no need for people to be worried about it, and they can use it for eating. The government has decided to create awareness about the same.

Venkatesh R, who recently bought rice via PDS, expressed his fear of using the rice due to the strange mix floating in water, which he and others suspect to be plastic rice. This news has gone viral on social media, with many posting videos showing it as plastic rice, causing commotion among people.

Looking at the history of fortified rice in the country, PM Modi, during his address on the 75th Independence Day (August 15, 2021), announced the supply of fortified rice in every scheme of the Government of India throughout the country by 2024 in a phased manner. Since then, the initiative has made good progress during the last year. The number of rice mills with blending infrastructure, which was 2,690 with a cumulative blending capacity of around 13.67 LMT as of August 15, 2021, has now increased to more than 9,000 rice mills in the country that have installed blending infrastructure for the production of fortified rice. The current cumulative monthly production capacity is around 60 LMT, indicating an increase of more than four times since last year.

Difference between two rice varieties; Fortified rice that is bigger in size, shown in red circle

Sources said that government departments have also developed Standard Operating Procedures (SoP) for adherence to Quality Assurance (QA) and Quality Control (QC) protocols on the production and distribution of fortified rice/FRKs. FSSAI, the regulatory and licensing authority for food fortification, has drafted standards for FRK and pre-mix and provided directions to all stakeholders for the operationalisation of the draft standards with immediate effect. The Bureau of Indian Standards (BIS) has also notified the standards for FRK, pre-mix (vitamins and minerals), machineries (blenders, extruders, and other allied machineries, etc.).

> "While distributing rice via PDS, a few kilogram of fortified rice are mixed with regular rice, so people receive a certain quantity with regular rice" –Girja Devi

NITI Aayog is also working with ICMR, NIN, MoHFW, and other stakeholders for a concurrent evaluation of the impact of the rice fortification initiative. Efforts are being made to educate the public about the nutritional benefits of fortified rice through Information, Education, and Communication (IEC) campaigns, involving FSSAI, experts, and Development Partners.

According to the Press Information Bureau, fortified rice, known as Fortified Rice Kernels (FRK), contains FSSAI prescribed micronutrients (Iron, Folic Acid, Vitamin B12), which are added to normal rice (Custom Milled Rice) in the ratio of 1:100 (Mixing 1 Kg of FRK with 100 Kg custom milled rice). Fortified rice retains the aroma, taste, and texture of traditional rice. Fortification of rice is considered a cost-effective and complementary strategy to increase vitamin and mineral content in diets.

Government to harness new industrial policy

Karnataka Chief Minister Siddaramaiah said on Saturday that the state government will come up with a new Industrial Policy. He said this at an event organised to present the 'State Export Excellence Awards' organised by the Department of Commerce and Industry and the Visvesvaraya Trade Promotion Centre (VTPC).

"In the past, the industrial policy implemented by our government was appreciated by the industry fraternity. It was known to be the most progressive industrial policy. Our government will shortly discuss with industrialists and exporters how to bring out a new and progressive industrial policy," Siddaramaiah said.

Stating that his government gives high priority to the promotion of industries, he said the generation of employment is possible only with rapid industrialisation.

"Industrial development promotes employment and economic development. Economic development subsequently improves the GDP and improves law and order in the country. These factors lead to investments," he explained.

Deputy Chief Minister DK Shivakumar said Bengaluru is known as a knowledge, IT, cultural, and educational hub. The city has the best-in-class educational institutions here and is at the level of competing with the world.

CM said that the generation of employment is possible with rapid industrialisation

"We are also the number one choice when it comes to investments. This is a matter of pride for all of us," he said.

The government will encourage industrialisation in tier 2-3 cities of the state to make sure everything does not become Bengaluru-centric, and it is also committed to providing all support to investors, including exporters, he assured.

Noting that the government will strive to have the best single window clearance in the country, Minister of Large and Medium Industries MB Patil said with the 'Ease of Doing Business', the state has the most industry-friendly environment.

"Vision groups will be formed in selected seven sectors to promote the growth of industries. Supporting and encouraging MSMES is the social responsibility of this government. We will be working with Tata Technology to empower MSMEs," he said.

The Export Preparedness Index (EPI) ranking by NITI Aayog for the year 2022 has ranked Karnataka as the No.1 state in the country in two parameters namely Policy Pillar and the Business EcoSystem Pillar. NITI Aayog's Ranking of States was announced on July 17, 2023.

"It is a matter of pride that Karnataka has secured the status of 'Achiever' in the 'Leads Ranking' of the NITI Aayog for the logistics sector in 2022, considering the good infrastructure, good connectivity network, and transparent ecosystem," he added. **–PTI**

'Probe in PSI scam will bring out truth'

Karnataka Home Minister G Parameshwara said on Saturday that the PSI recruitment scandal investigation has been handed over to the judicial committee, which will bring out the truth.

"The committee, headed by High Court retired judge Justice B Veerappa, will conduct an inquiry," he said.

Talking to reporters, Parameshwara said, "We had demanded a judicial probe into the scandal earlier. The decision has been taken to bring out the truth. The investigation and recruitment will be done separately. If these issues are mixed up, it won't be possible to recruit."

However, he also stated that it is not possible to recruit for the 400 vacant posts until this issue is resolved. The Chief Minister Siddaramaiah-led government had ordered a judicial probe into the PSI Recruitment Scandal on Thursday, and a copy of the order was released on Friday night.

The Congress government in Karnataka had announced that it would re-investigate the Police Sub-Inspector (PSI) recruitment scam in the state.

The police have arrested more than 30 accused persons, including an ADGP-ranked officer, for the first time in the history of the state.

The Congress leaders vehemently demanded the resignation of former Home Minister Araga Jnanendra. They also alleged corruption by former minister CN Ashwath Narayan and indirectly referred to former CM BS Yediyurappa's son, BJP MLA BY Vijayendra's role as well.

ADGP Amrit Paul, who was arrested a long time ago, is still in prison. The Congress leaders said, "The investigation is stuck at this stage, and the authorities have not bothered to carry forward the probe as there is the involvement of powerful BJP politicians."

The CID had already submitted two charge sheets to the court regarding the scandal and is still investigating the case. As many as 54,041 candidates appeared for the exams held on October 3, 2021, for the 545 vacant PSI posts. The exams were held in 92 centres across the state, and results were announced in January.

Later, allegations surfaced that candidates whose performance was poor in descriptive writing got maximum marks in Paper 2. However, the police department and then the Home Minister under the previous BJP government denied any irregularities in PSI recruitment exams.

One of the candidates filed an RTI application seeking information on OMR sheets. Though the application was rejected, the OMR sheet of the candidate appeared in the public domain. Police sources say that Veeresh, the candidate, had attended only 21 questions in Paper 2 but got 100 marks. He ranked seventh.

Minister for RDPR, IT and BT, Priyank Kharge, then alleged that more than 300 of the 545 candidates had paid Rs 70 to 80 lakh in bribes to officials and ministers to become PSIs. The then-BJP government had challenged him to produce evidence before the CID.

–IANS

THE SUNDAY READ

Say it out loud

Not a victim, this acid attack survivor is a fighter

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Facing an acid attack is a trauma in itself, but events post that can be equally painful. Pragya Prasun, an acid attack survivor, had to undergo another traumatic experience as she could not complete her biometric details, not being able to blink during the scanning for a KYC procedure.

Her bank account creation was delayed due to this reason. She put out a tweet 'Being an acid attack survivor should not prohibit me from living a life with dignity. It's unjust that I was denied a bank acct just because I can't blink for the KYC process. Requesting @iamsrk @MeerFoundation to help me make this world inclusive for all acid attack survivors #iwontblink", tagging Meer foundation and actor Shah Rukh Khan. Meer Foundation works for rehabilitating acid attack survivors and also helps in funding surgeries.

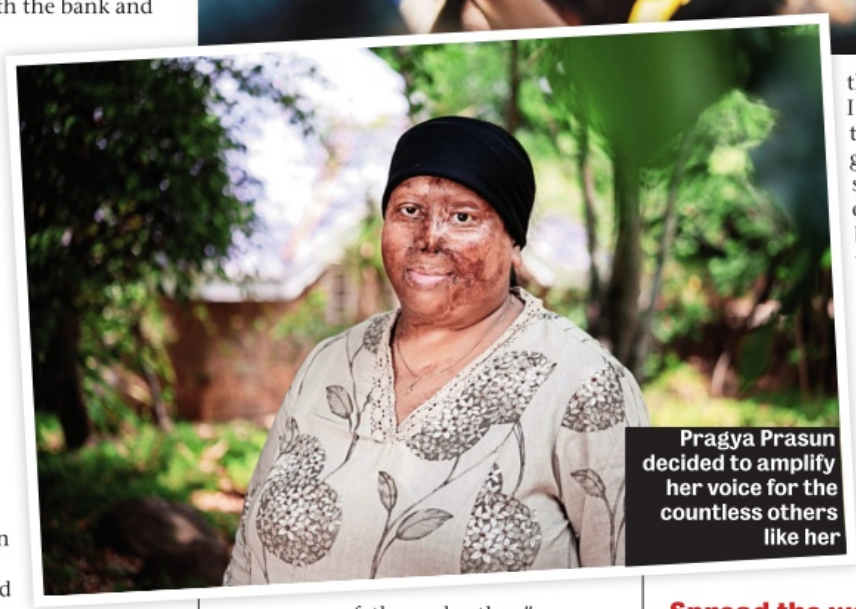
Pragya told Bangalore Mirror about the challenges that she had to undergo while creating the bank account. "In March this year, I went to create a bank account. I was initially told that within one hour, an executive would come and collect the documents to make the account. But according to RBI guidelines, eye blinking is the only criteria to complete the KYC procedure. I had faced a similar issue while making a SIM card a few years back. It was extremely frustrating that I had to undergo the same to create a bank account."

She followed up with the bank and the account was not opened even a month later. When the account was not created despite repeated efforts, being a Nguvu change leader, she formed an online petition on change.org to raise the issue.

"Once I made the petition, over 1,000 people signed it. Post this, I received a call from the person who heads the grievance department of the bank. I told her about the condition and my account was opened on the same evening, as it was a special case and I had filed a petition online."

But she wonders what about the innumerable people who might be facing the same issue in their day to day life?

She also had contacts of beneficiaries from across the country due to the foundation for the rehabilitation of acid attack survivors. "Coming to know of beneficiaries from various states like Maharashtra, Telangana and West Bengal, I called them and asked them to check who's name the bank account was started. To my dismay, it was as expected -- it was in the name of their father or brother."



Pragya Prasun decided to amplify her voice for the countless others like her

She said that when she had gone to buy a new SIM card, she was told to make it in her husband's name. "For the KYC verification, despite standing in front of them alive, they require proof of my being alive. My request for the petition is simple. I understand that there should be guidelines for the safety of the customers before creating a bank account. But there have to be 4-5 more parameters for completing the online KYC verification." She also found that other people with visual disparities faced the same issues. Having only eye blinking as a form of parameter is not friendly for us, she added.

Spread the word

Nguvu Collective helped Pragya to spread the message on their portal widely. Preethi Herman, co-founder and Chair, Nguvu Collective has led a team of more than 100 million people in citizen-led campaigns across Asia, Europe and Latin America. She talked about how they helped Pragya Prasun in this movement. "I worked at change.org on civic engagement. We worked on how people who were impacted by issues can smartly campaign to shift their power. I found through campaign leaders that the biggest challenge was how isolated they felt. Hence the 'She Creates Change' was formed."

In April, Nguvu Collective was formed for Change Leaders and Pragya was one of the first to be a part of it.

"The hero here is Pragya but she needs a lot of support. We try to identify the support and build an ecosystem so that she can achieve everything she wants to achieve. It is about economic empowerment," she added.

The concept of forming an online petition works in four stages. Initially there is training in person and digitally, where the person is introduced to sharpening the concept and building their own story apart from finding autonomy. In the next stage a team of campaign strategists gets involved, where each campaigner accelerates their campaign. "Then comes the part of filing petitions, creating social media campaigns, where credibility and power increases. This would help build the momentum so that influencers can come in. Facilitation of the journey and accelerating many such voices is the need of the hour in the country," she said.

> **"For the KYC verification, despite standing in front of them alive, they require proof of my being alive. My request for the petition is simple. There have to more parameters for KYC verification**
>
> –Pragya Prasun

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BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

FOR SILHOUETTE

Two crows crossing each other on their way home at dusk

The picture was clicked by BM reader **VG Venugopal**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

Help! Green takes over this lake

Subbarayanakere Lake returns to its original state of pollution before undergoing rejuvenation, complain residents

Sewage has been entering Subbarayanakere Lake unabated

Plastic bottles floating on the surface, an algae bloom covering half of the lake area, and sewage flowing in unabated. This is the scene at Subbarayanakere Lake in south Bengaluru. The Bruhat Bengaluru Mahanagara Palike (BBMP) took up rejuvenation work of the water body near Gottigere in May 2022. While the work has been underway for over a year, locals say it has been moving at a snail's pace. They allege the water body has gone back to its original state of pollution before it was taken up by the civic body for rejuvenation.

"There has been no work going on for nearly two months now. However, the majority of the work related to maintaining water quality, such as desilting, sewage diversion, bund formation, and inlet and outlet construction, is completed. However, instead of registering any improvement, the lake has gone back to square one. Sewage has been entering the water body unabated over the last month and has resulted in an algal bloom," said a resident of the area.

Locals allege this free entry of sewage into the water body, which is under five acres in area, has caused a major setback to lake ecology and biodiversity. A study conducted on the lake's biodiversity a couple of years ago by a city-based organisation showed that Subbarayanakere was visited by 73 bird species over five years. However, locals have a different story to narrate now.

"There are only a handful of birds left at the wetland. A few patches of vegetation and farmland nearby might still be the reasons behind the winged visitors still coming to the lake," said another resident.

Furthermore, lake activists allege the Subbarayanakere DPR is ill-conceived. Although the water body is naturally placed in a valley and thus has the potential to collect rainwater from adjacent farm areas, DPR did not take into account the construction of a drainage network to collect rainwater from the catchment.

"While no drainage network has been built for rainwater, the DPR has not taken into account the runoff from a nearby farm, which is loaded with nutrients. The lake is triangular in shape, and the farm area runs for nearly 200 m on one side of it. The DPR has not been customised for Subbaraayakere, and BBMP is going by the one-size fits-all theory," said a city-based lake activist.

While the lake rejuvenation process should be about appreciating local ecology and building on it, the situation has been further degraded, say the activists.

Many highlight that while a small inlet structure has been created under the rejuvenation process, the diversion channels are blocked with garbage, leading to the direct entry of sewage into the water body.

-BMB

DID YOU KNOW?

Bukkasagara Krishnaiah Srinivas Varma was a popular Indian painter from Bengaluru. He was known for his focus on environmental and social issues, which he portrayed in a surreal manner. He started sketching at the age of six. He was awarded the Karnataka Rajya Puraskar by the Karnataka Government in 2001. His depiction of Indian Gods added a fresh perspective to his art. He was also known for creating paintings in front of large audiences and swiftly completing them, often of poetry or dance performances. He passed away this year, on February 6.

GET HEARD WITH MIRROR

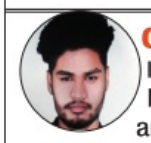
9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

In your opinion, how can underpasses in Bengaluru be kept clean during monsoon?



Chandra Shekhar Nair, BM Reader
Implementing regular inspections and setting up a helpline for reporting any cleanliness issues in underpasses can lead to a quick resolution of problems.

Bhaasita P, BM Reader
Collaborating with nearby businesses to take collective responsibility for keeping the surroundings clean can make a significant difference in maintaining underpasses during the monsoon.

Amit Mandal, BM Reader
Increasing the frequency of cleaning schedules and deploying more sanitation workers during the monsoon can help ensure underpasses stay clean.

Nipam Gupta, BM Reader
I believe installing proper drainage systems in underpasses is crucial. By ensuring efficient water flow during the monsoon, we can prevent waterlogging and subsequent dirt accumulation.

Ranjan Mehta, BM Reader
Regular cleaning and maintenance schedules are essential. The authorities should allocate resources to clean underpasses more frequently during the monsoon season to keep them tidy.

Amit Kumar Prasad, BM Reader
Promoting community participation can make a difference. Organising clean-up drives with volunteers and residents can help keep underpasses clean and foster a sense of responsibility among the community.

SPEAK TO US

What are the methods and practices that can be implemented to lessen mosquito menace in the city?

If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

Tracking pandemics
Scientists develop AI-based tracking & early-warning system for viral pandemics

Gliding, not searching

Here's how to reset your view of ChatGPT to steer it to better results

ChatGPT has exploded in popularity, and people are using it to write articles and essays, generate marketing copy and computer code, or simply as a learning or research tool.

However, most people don't understand how it works or what it can do, so they are either not happy with its results or not using it in a way that can draw out its best capabilities.

I'm a human factors engineer. A core principle in my field is never blame the user.

Unfortunately, the ChatGPT search-box interface elicits the wrong mental model and leads users to believe that entering a simple question should lead to a comprehensive result, but that's not how ChatGPT works.

Unlike a search engine, with static and stored results, ChatGPT never copies, retrieves or looks up information from anywhere.

Rather, it generates every word anew. You send it a prompt, and based on its machine-learning training on massive amounts of text, it creates an original answer.

Most importantly, each chat retains context during a conversation, meaning that questions asked and answers provided earlier in the conversation will inform responses it generates later.

The answers, therefore, are malleable, and the user needs to participate in an iterative process to shape them into something useful.

Your mental model of a machine – how you conceive of it – is important for using it effectively. To understand how to shape a productive session with ChatGPT, think of it as a glider that takes you on journeys through knowledge and possibilities.

Dimensions of knowledge

You can begin by thinking of a specific dimension or space in a topic that intrigues you. If the topic were chocolate, for example, you might ask it to write a tragic love story about Hershey's Kisses.

The glider has been trained on essentially everything ever written about Kisses, and similarly it "knows" how to glide through all kinds of story spaces - so it will confidently take you on a flight through Hershey's Kisses space to produce the desired story.

You might instead ask it to explain five ways in which chocolate is healthy and give the response in the style of Dr. Seuss.

Your requests will launch the glider through different knowledge spaces – chocolate and health – toward a different destination – a story in a specific style.

To unlock ChatGPT's full potential, you can learn to fly the glider through "transversal" spaces – areas that cross multiple domains of knowledge.

By guiding it through these domains, ChatGPT will learn both the scope and angle of your interest and will begin to adjust its response to provide better answers.

For example, consider this prompt: "Can you give me advice on getting healthy." In that query, ChatGPT does not know who the "you" is, nor who "me" is, nor what you mean by "getting healthy."

Instead, try this: "Pretend you are a medical doctor, a nutritionist and a personal coach. Prepare a two-week food and exercise plan for a 56-year-old man to increase heart health."

With this, you have given the glider a more specific flight plan spanning areas of medicine, nutrition and motivation.

If you want something more precise, then you can activate a few more dimensions. For example, add in: "And I want to lose some weight and build muscle, and I want to spend 20 minutes a day on exercise, and I cannot do pull-ups and I hate tofu."

> **"To shape a productive session with ChatGPT, think of it as a glider that takes you on a trip through knowledge**

ChatGPT will provide output taking into account all of your activated dimensions. Each dimension can be presented together or in sequence.

Flight plan

The dimensions you add through prompts can be informed by answers ChatGPT has given along the way. Here's an example: "Pretend you are an expert in cancer, nutrition and behaviour change. Propose 8 behaviour-change interventions to reduce cancer rates in rural communities." ChatGPT will dutifully present eight interventions.

Let's say three of the ideas look the most promising. You can follow up with a prompt to encourage more details and start putting it in a format that could be used for public messaging: "Combine concepts from ideas 4, 6 and 7 to create 4 new possibilities – give each a tagline, and outline the details."

Now let's say intervention 2 seems promising. You can prompt ChatGPT to make it even better: "Offer six critiques of intervention 2 and then redesign it to address the critiques."

ChatGPT does better if you first focus on and highlight dimensions you think are particularly important. For example, if you really care about the behaviour-change aspect of the rural cancer rates scenario, you could force ChatGPT to get more nuanced and add more weight and depth to that dimension before you go down the path of interventions. You could do this by first prompting: "Classify behaviour-change techniques into 6 named categories. Within each, describe three approaches and name two important researchers in the category." This will better activate the behaviour-change dimension, letting ChatGPT incorporate this knowledge in subsequent explorations. There are many categories of prompt elements you can include to activate dimensions of interest. One is domains, like "machine learning approaches." Another is expertise, like "respond as an economist with Marxist leanings." And another is output style, like "write it as an essay for The Economist." You can also specify audiences, like "create and describe 5 clusters of our customer-types and write a product description targeted to each one."

Just explore

By rejecting the search engine metaphor and instead embracing a transdimensional glider metaphor, you can better understand how ChatGPT works and navigate more effectively toward valuable insights. The interaction with ChatGPT is best performed not as a simple or undirected question-and-answer session, but as an interactive conversation that progressively builds knowledge for both the user and the chatbot.

The more information you provide to it about your interests, and the more feedback it gets on its responses, the better its answers and suggestions. The richer the journey, the richer the destination.

It is important, however, to use the information provided appropriately. The facts, details and references ChatGPT presents are not taken from verified sources.

They are conjured based on its training on a vast but non-curated set of data. ChatGPT will generate a medical diagnosis the same way it writes a Harry Potter story, which is to say it is a bit of an improviser.

You should always critically evaluate the specific information it provides and consider its output as explorations and suggestions rather than as hard facts.

Treat its content as imaginative conjectures that require verification by you, the human pilot.

(By James Intriligator, Tufts University, The Conversation)

BITS & BYTES

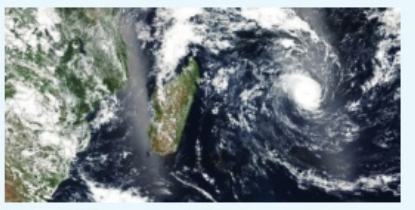
ROBOT MEDIC TO RESCUE

Scientists have developed game-changing robotics technology that can provide remote medical treatment to casualties in high-risk emergency environments, such as humanitarian disasters.

Using medical telexistence (MediTel) technology, which allows for a highly realistic sensation of existence in remote places without actual travel, a team at the University of Sheffield, UK, successfully created a mobile, robotic-controlled uncrewed ground vehicle (UGV).

The UGV boasts of virtual reality (VR) capability and can enable medics and operators to assess critical casualties in hazardous environments. **IANS**

NASA ON CLIMATE CHANGE



Even as global temperatures are reaching record highs, US space agency NASA aims to keep a track and find possible solutions to climate change.

From wildfires, flooding, heatwaves, a record hot June, and July likely to be the warmest absolute month on record, millions of people over the globe are experiencing the effects of extreme weather.

NASA said it is tracking it all, and sharing its data. "The data is clear: Our Earth is warming, and NASA is committed to empowering scientists, decisionmakers, and people to make data-based decisions when it comes to climate," said NASA Administrator Bill Nelson, at a recent media roundtable, highlighting the agency's climate work. **IANS**

TESLA'S OFFER

Elon Musk is offering the first-time Tesla customers a chance to transfer the costly full self-driving (FSD) software to another vehicle as a "one-time amnesty." Tesla owners who have purchased the FSD package can transfer that to another new car by September 30.

A Twitter user @Kdahlenburg has now revealed details on the Tesla FSD offer.

"Tesla just contacted me to let me know they are sending me a form to fill out to complete the transfer. I haven't seen the form yet. I ordered a Model X from local inventory," he tweeted.

Those who will get this offer will need to purchase a new Tesla and take delivery by September 30. **IANS**

HEALTH TIP: Study finds taking higher-than-recommended doses of vitamin D reduces risk of atrial fibrillation

Diet rich in fruit, vegetables, seafood, dairy products, eggs and wholegrains does reduce miscarriage risk

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All you need to know about...

Heart & sleep

Sleep problems for heart patients
Heart diseases, which affect the production of the sleep hormone melatonin in the brain, is the major reason why people with cardiac problems find it hard to sleep, according to a research.

Sleep problems
Around one third of people with heart disease suffer from sleep problems such as sleep apnea, insomnia, waking up throughout the night, and restless legs syndrome.

Link in the neck
The study led by a team from University of Munich (TUM) in Germany showed that heart diseases affect the production of the sleep hormone melatonin in the pineal gland, located inside the brain. The link between the two organs is a ganglion in the neck region.

Melatonin
Melatonin is produced in the pineal gland. Like the heart, it is controlled through the autonomic nervous system, which regulates involuntary processes in the body. The related nerves originate in the ganglia, among other places. Particularly important for the heart and pineal gland is the superior cervical ganglion.

The study
"To get a clear sense of our results, imagine the ganglion as an electrical switch box. In a patient suffering from sleep disturbances following a heart disease, you can think of a problem with one wire causing a fire to break out in the switchbox and then spreading to another wire," said Stefan Engelhardt, Professor at TUM. The team discovered that macrophages -- cells that eat dead cells -- accumulate in the cervical ganglion of mice with heart disease. These cause inflammation and scarring in the ganglion and the destruction of nerve cells. The researchers believe the study shows new hope for heart patients. —IANS

MONSOON PLATING

Enjoying the weather right now? These dishes will add a zing to your rainy days

WOK TOSSED PRAWN IN XO SAUCE

Prep Time: 15 mins Serves 3

INGREDIENTS
- Tiger Prawns (8pcs)
- Red, Yellow Bell pepper-(Diced)
- Green Capsicum-(Diced)
- Pak choi- 1 stem
- Button Mushroom- 4-5 pcs (sliced)
- Garlic- 4-5 cloves
- Ginger- ½ pc
- XO Sauce- 1 tablespoon
- Tomato Sauce- 1 tablespoon
- Chilli Paste- 1 tablespoon
- Oyster Sauce- 1 tablespoon
- Light Soya- 1 tablespoon
- Wine- 1 tablespoon
- Corn flour- 1 tablespoon
- Flour- 1 tablespoon
- Egg- 1 pc

For Marination
- Add 1 Tablespoon Corn flour, 1 tablespoon Flour and 1 egg. Mix them together
- Add tiger prawns to the batter and leave it to marinate

METHOD
- Heat oil in the pan and fry the prawns
- Toss Pak Choi, diced green capsicum, red capsicum, yellow capsicum, and sliced Button Mushrooms
- Add garlic paste, tomato sauce, chilli paste and Oyster Sauce into the pan
- Add salt as per taste
- Add sugar, white pepper and toss the prawns in the pan
- Add Vinegar & Wine to the pan
- Add the main ingredient XO sauce to the pan
- Garnish the dish with Spring Onions

LAMB RENDANG CURRY

Prep Time: 20 mins Serves 3

INGREDIENTS
- Roasted Lamb- 100gm
- Chopped Garlic – 3-4 cloves
- Lemongrass and Lemon Leaf
- Coconut Powder- 1 tablespoon
- Chilli Paste- 1 teaspoon
- Home-made Rendang Curry paste- 1 tablespoon
- Galangar
- Lemon Juice – 1 teaspoon
- Crushed Peanuts – ½ sauce bowl
- Brown Fried Onions- ½ sauce bowl

To make the Home-made Rendang Curry Paste
(To be ground into a smooth paste)
- 5 whole dry Kashmiri red chillies
- 1½ tbsp coriander seeds
- ½ tsp black peppercorns
- 2 tsp cumin seeds
- ½ tsp turmeric powder
- 1tbsp chopped garlic
- 2tbsp freshly grated coconut
- 2 tsp chopped ginger
- 2 tbsp poppy seeds
- 1 tbsp chopped cashew nut

METHOD
- Take the Roasted Lamb and finely slice
- Shallow fry the lamb without any batter
- Heat one tablespoon oil in the pan
- Add Chopped Garlic to the pan
- Add Galangar, Lemongrass and Lemon Leaf to the pan
- Take the coconut powder and mix it with 5 tablespoons of water and toss the Rendang curry paste into the pan
- Add Chilli paste and Khao Suey Paste to the pan and toss the lamb
- Add salt as per taste, sugar and white pepper
- Add lemon juice to the pan
- Garnish it with Crushed Peanuts and Brown Fried Onions

EXOTIC VEG IN OYSTER SAUCE

Prep Time: 15 mins Cooking Time: 15 Serves 3

INGREDIENTS
- French Beans
- Baby Snow piece
- Asparagus
- Shiitake Mushroom
- Button Mushroom
- Fungi Mushroom
- Water Chestnut
- Red Bell Pepper
- Yellow Bell pepper
- Green Bell pepper
- Baby Corn
- Pak Choi
- Garlic
- White Pepper
- Veg Oyster Sauce
- Dark Soya
- Wine

METHOD
- Dice all the vegetables mentioned above
- Heat water in a pot and blanch the vegetables lightly
- Heat a pan with 2 tablespoons of oil
- Add the vegetables and saute in the pan
- Add chopped garlic to the oil, and cook until it turns brownish
- Add 1 tablespoon salt as per taste and sugar, white pepper
- Add soya sauce and veg oyster sauce to the pan and saute it
- Lastly add wine and stir

Recipes by Ram Bahadur Budhathoki, Head-Chef, Chowman - Chain of Restaurants

Strike forces change of plan at Venice fest
The Venice Film Festival has switched its opening selection, after the movie that had been slated to open, "Challengers" featuring Zendaya, pulled out because of the ongoing Hollywood strike, organisers said

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Sunday, July 23, 2023
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About Veeragase and the vices

PARAMVAH
2.5 RATING ★★½☆☆
- **DIRECTOR** Santosh Kaidala
- **ACTORS** Prem Sidegal, Maithri Kashyap, Ganesh Heggodu, Avinash Ninasam, Shabeeresh Kabbinale
- **CERTIFICATION** A
- **Duration** 110 minutes

This movie is about a youngster's ambition of performing Veeragase, a dance form prevalent in Karnataka, in the presence of Mysuru Maharaja during Dasara.

It begins with a physically-challenged father (Ganesh Heggodu) carrying his son Param on his shoulders at Dasara narrating the importance of Veeragase and asking him to undergo training in the dance form to perform it in front of Mysuru Maharaja. Later Param (Prem Sidegal) has to join an agricultural college in the city. In the beginning, Prem finds it difficult to adapt to the college environment. He returns to the village and tells his father that he does not want to go to college but his father convinces him to focus on education as it is very important for his future.

Meanwhile, Avani (Maithri Kashyap) joins the same college and becomes Param's friend. Later, Param begins smoking and boozing along with his roommates. He also invites Avani to his room where she too joins in. A small incident makes Avani misunderstand Param. What happens to Avani and Param is what Paramvah is all about.

The problem with the movie is too much importance given to cigarettes, alcohol and drugs. A few scenes, especially the burial ground scene where the hero and heroine indulge in boozing, are far from convincing.

The agriculture college scene is also not up to the mark.

As far as the performance of the actors is concerned, Maithri Kashyap walks away with all honours for her sterling performance. Her dialogue delivery and performance are good. She overtakes Prem Sidegal, who plays the lead, in some scenes. Prem Sidegal needs to hone his acting skills. He looks stoic in most of the scenes. Avinash Ninasam, as the hero's friend, has acted well. His dialogue delivery and gestures are good. Ganesh Heggodu, as a concerned father, is convincing.

It is worth a watch if you want to know the importance of Veeragase and the ill-effects of smoking, liquor, and drugs.

—Y Maheswara Reddy

IN IMAX AT

IN ENGLISH AT : PVR - INOX CINEMAS {Forum Mall, Koramangala, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Falcon City, 6:50, 8:45, 10:45, 2:40, 3:55, 5:50, 6:35, 10:30 p.m. | Vega City, 6:30, 10:15, 2:10, 6:05, 10:00 p.m. | VR Mall, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Mantri Square Mall, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Galleria Mall, Yelahanka, 6:30, 10:15, 2:10, 6:05, 10:00 p.m.} | CINEPOLIS CINEMAS {Shanthiniketan, 7:10, 11:00, 2:50, 6:40, 10:30 p.m.}.

IN ENGLISH AT : PVR - INOX CINEMAS {Directors Cut Rex, 6:30, 7:05, 9:00, 9:45, 10:25, 1:40, 2:20, 5:35, 6:15, 6:35, 9:30, 10:10, 10:30 p.m. | Phoenix Marketcity, 6:50, 9:20, 9:45, 10:45, 1:40, 2:40, 5:35, 6:35, 9:30, 10:30 p.m. | Forum Mall, 6:30, 8:50, 10:25, 2:20, 6:15, 10:10 p.m. In Atmos, 6:35, 9:45, 1:40, 5:35, 9:30, 10:30 p.m. | Falcon City, 6:50, 7:30, 10:45, 12:35, 2:40, 5:25, 9:20, 10:10 p.m. | Arena Mall | Orion Mall, 7:00, 10:00, 10:55, 1:55, 5:50, 6:30, 9:45, 10:30 p.m. In Atmos, 6:30, 7:50, 10:25, 2:20, 3:10, 6:15, 10:10 p.m. | Orion Uptown Mall, 6:50, 7:35, 10:45, 11:30, 2:40, 6:35, 9:45, 10:30 p.m. | MSR Regalia Mall, 6:50, 7:50, 10:45, 11:50, 2:40, 6:35, 9:30, 10:10, 10:30 p.m. | Spirit Mall, 6:50, 9:30, 10:45, 2:40, 6:35, 10:30 p.m. | VR Mall, 6:30, 8:10, 9:45, 10:25, 12:05, 1:40, 2:20, 5:35, 6:15, 9:30, 10:10 p.m. In Atmos, 8:45 a.m. | Vaishnavi Saphire Mall, 6:50, 8:00, 10:45, 2:30, 2:40, 6:35, 10:00, 10:30 p.m. | Vega City Mall, 6:40, 10:00, 1:55, 5:50, 6:35, 9:45 p.m. In Atmos, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | GT World, 6:50, 9:30, 10:45, 2:40, 6:35, 10:30 p.m. | Aura Cinema, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Bhartiya City, 6:30, 10:25, 2:20, 6:15, 6:35, 10:10 p.m. In Atmos, 7:50, 3:10, 10:30 p.m. | Global Mall, 9:40, 3:15, 10:00 p.m. In Atmos, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Garuda Mall, 6:50, 9:20, 10:45, 2:40, 6:35, 10:00, 10:30 p.m. | Swagath Mall, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Central Mall, JP Nagar, 6:30, 9:00, 10:15, 2:10, 6:05, 10:00 p.m. | Lido, 6:30, 9:15, 10:15, 2:10, 6:05, 10:00 p.m. | Forum Value Mall, 6:50, 10:45, 2:40, 6:35, 10:00, 10:30 p.m. | Mantri Mall, 9:20, 3:20, 10:00, 10:10 p.m. | Brookefield Mall, 6:50, 9:55, 10:45, 2:40, 6:35, 10:30 p.m. | SBR Horizon, 6:50, 9:30, 10:45, 2:40, 6:35, 9:50, 10:30 p.m. | Garuda, Yelahanka, 9:45, 10:45, 2:40, 6:35, 10:30 p.m. | Galleria Mall, RMZ Yelahanka, 8:10 a.m., 10:30 p.m.} | CINEPOLIS {Royal Meenakshi Mall, 10:00, 11:00, 1:50, 2:50, 5:40, 6:40, 9:30, 10:30 p.m. | ETA Mall, 6:30, 10:20, 12:05, 2:10, 3:55, 6:00, 9:50, 10:30 p.m. | Orion East Mall, 9:15, 10:15, 2:05, 3:50, 5:55, 9:45, 10:25 p.m. | Shantiniketan, 9:30, 10:00, 1:50, 3:20, 5:40, 9:30, 9:50 p.m. | Lulu mall, 7:30, 9:30, 10:30, 11:20, 2:20, 6:10, 9:50, 10:00 p.m., VIP, 10:00, 1:50, 5:40, 9:30, 10:20 p.m. | SJR Spectrum Mall, 9:00, 9:45, 1:35, 4:10, 5:25, 9:15, 10:30 p.m.} | MIRAJ CINEMAS {Magadi Road, Sunkadakatte, 10:00, 1:45, 5:30, 9:15 p.m. In Atmos, 7:00, 11:00, 2:45, 6:30, 10:15 p.m.} | GOPALAN CINEMAS | CINEPHILE | ROCKLINE MALL {Jalahalli Cross} | MUKUNDA CINEMAS | BHARATH CINEMAS | URVASHI CINEMAS {6:00, 9:45 p.m.} | SWAGATH {Shankarnag, 6:00, 9:30, 7:00, 10:30 p.m.} | NAVARANG THEATRE {9:45, 10:00 p.m.} | LAKSHMI THEATRE {Tavrekere, 7:00, 10:30, 2:00, 6:00, 9:30 p.m.} | MAHADESHWARA THEATRE {6:30, 10:00 p.m.} | BALAJI THEATRE {Chikalsandra, 2:30, 6:00, 9:45 p.m.} | VICTORY CINEMAS {7:30, 11:15, 3:00, 6,45, 10:30 p.m.} | MUKTHA A2 CINEMA {3:05, 6:40 p.m.} | PRASANNA THEATRE {4:15, 7:25, 10:30 p.m.} | MANASA THEATRE {10:00, 6:30, 10:00 p.m.} | SANDHYA THEATRE {9:30, 6:30, 10:00 p.m.} | BRUNDHA THEATRE {10:00, 4:00, 10:00 p.m.} | LAKSHMI {Ramurthy Nagar, 1:00, 10:00 p.m.} | RADHAKRISHNA {Rt Nagar, 2:30, 9:30 p.m.} | V CINEMA {Garudacharpalya, 12:30, 9:30 p.m.} | VENKTESHWARA KONAPANA {Agrahara, 9:30, 6:45, 10:10 p.m.} | TIRUMALA {Agara, 3:00, 9:45 p.m.} | SIDDALINGESHWARA THEATRE {11:00, 2:15 p.m.} | VINAYAKA THEATRE {Harinagar, 8:00, 3:45, 10:00 p.m.} | PVR - INOX CINEMAS {Fiza Mall, Mangalore, 6:50, 9:45, 10:45, 1:40, 2:40, 5:35, 6:35, 9:30, 10:30 p.m. | Forum Mall, Mysore, 9:25, 1:20, 5:15, 9:30 p.m. In Atmos, 6:50, 10:45, 2:40, 6:35, 10:30 p.m. | Garuda Mall, Mysore, 6:30, 10:00, 10:25, 2:20, 5:35, 6:15, 10:10, 10:30 p.m. | Laxmi Pride, Hubli, 6:30, 10:00, 10:25, 2:20, 5:35, 6:15, 10:10 p.m., In Hindi, 10:30 p.m. | Central, Manipal, 6:50, 8:10, 10:45, 2:40, 6:35, 8:50, 10:30 p.m. | Mysore Mall, Mysore, 6:50, 10:45, 2:40, 6:35, 9:30, 10:30 p.m. | Centro, Mysore, 6:30, 10:15, 2:10, 5:05, 6:05, 9:00, 10:00 p.m. | S Mall, Tumkur, 6:50, 10:45, 11:55, 2:40, 6:35, 9:30, 10:00, 10:30 p.m.} | CINEPOLIS {City Centre Mall, Mangalore, 9:30, 10:15, 2:05, 5:55, 9:45, 10:25 p.m. | Hubli, 11:00, 12:45, 2:50, 4:30, 6:40, 10:05, 10:30 p.m.} | SP CINEMAS {Mangalore, 6:45, 10:00, 2:00, 6:00, 10:00 p.m.} | TRISHUL THEATRE {Davangere, 10:45, 2:00, 5:45, 9:00 p.m.} | UMA THEATRE {Bellary, 5:00, 8:15 p.m.} | VISION CINEMAS {Mysore, 10:15, 1:45, 5:30, 9:00 p.m.}.

FARNAZ

Best dressed

Find out which celebs managed to razzle dazzle during Manish Malhotra's bridal couture show

Watch this story come alive by pointing your phone camera at the QR code

A laugh riot

HOSTEL HUDUGARU BEKAAGIDDAARE
3.5 RATING ★★★½☆
- **DIRECTOR** Nithin Krishnamurthy
- **ACTORS** Prajwal BP, Rakesh Rajkumar, Srivatsa, Manjunath Naik, Ramya, Diganh Manchale
- **CERTIFICATION** U/A
- **Duration** 144 minutes

The movie Hostel Hudugaru Bekaagiddaare may very well be one of the best movies to have released in the last seven months. Nithin Krishnamurthy, who debuts as a director in Sandalwood with this movie, succeeds in captivating the audience, especially college students and youngsters. His specialty is the unique title and the tagline of the movie which draw the audience to theaters.

The movie transports the audience to their college days and the memorable time spent in hostels. The story revolves around Ramesh Kumar (Manjunath Naik), a warden of Tunga University Hostel and students led by Ajith (Prajwal), a prospective movie director. Ramesh Kumar, being a strict warden, wants the students to be disciplined. Ajith succeeds in convincing the warden to act in a short movie directed by him. Ajith does not tell other students about his plan as he wants to capture their response to an unexpected situation.

One of the inmates visits the warden's office and finds him dead. The inmates find a suicide note narrating how a few students are responsible for his suicide. The inmates, under Ajith's guidance, come out with different strategies to solve the problem. What is Ramya's role in the movie and whether Ajith succeeds in solving the problem is what the film is about.

Prajwal, Manjunah Naik, Srivatsa, Nithin Krishnamurthy and others have acted well. The brief appearance of Ramya, Rishab Shetty, Diganth, Pawan Kumar has added value.

Cinematography by Arvind Kashyap and music by Ajaneesh B Loknath have enhanced this movie that is filled with chaos, comedy and joyful moments. .

It is worth a watch for those looking for an all-out entertainer.

—Y Maheswara Reddy

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Lack of taxi parking spaces irk citizens, drivers

CONTINUED FROM PAGE 1

Just before the elections, the traffic officials had cleared the space, but that lasted for two days. But there should be adequate parking facilities for these taxi drivers," he said.

A taxi driver that BM spoke to said that sometimes they have to pay fines upwards of Rs 1,000 for parking vehicles at the no-parking areas. "We are facing a lot of issues with parking our cabs. We need something similar to auto stands. There are no parking facilities in key areas of the city. After dropping the customer, there is no designated space for us to park. During peak hours, we get back-to-back bookings while we also have idle time. During the night, we don't get any place to rest for a while. Idle time is usually spread out across day and night. When we park on roads, traffic police officials impose heavy fines on us. Sometimes, the fines range from Rs 1,000-2,000," said Ashok, a taxi driver in the city.

Taxi unions say that there is a need for more taxi and auto stands. "Our drivers are providing a public service but are harassed with parking fines. Without warning the drivers, traffic

cops impose challans. Due to road congestion and heavy traffic, we discussed with the BBMP two years ago the possibility of constructing taxi stands under elevated roads. We are waiting for a meeting with the new government after the Cabinet meeting. We are expecting at least 100 new auto and taxi stands. There are bigger empty spaces near metro stations that can be converted into parking spaces. Additionally, the parking spaces should come with restroom facilities for drivers who cannot go home for long intervals during the day," said Tanveer Pasha, president of Ola, Uber drivers and owners' association in Bengaluru.

K Radhakrishna Hollam, President of Karnataka State Travel Operators Association (KSTOA), told BM that they need a multi-storey parking infrastructure. "We need a smart parking facility. These smart parking facilities should have higher capacity and can be multi-storeyed. There are just a few facilities located in a few areas in the city. MG Road and St Marks Road have a lower capacity of vehicle parking facility up to 15-20 vehicles. In developed countries, charging infra for electric vehicles are provided in parking spaces," he added.

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personal

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I, Rashmi holder of Indian Passport No."L8738528" issued at Bangalore, presently residing at address 2055 4th-Floor Ganesh Nilaya 16th-Cross Aecs Layout Block-A Singasandra Bengaluru-560068 have change my name to Rashmi Patil for all future purposes

I, Almas Taj S H, w/o Syed M H R/a #01 no 1st Street Chandini Chowk Road Shivaji Nagar Bangalore 01. I have changed my name from Almas Taj to Almas Taj S H vide affidavit dated 31-05-23 sworn before notary B. Chitra Bangalore.

I Venkatram Narayana R/o No-7/3, Manicka saraswathi enclave kempanna road, Maruthiseva nagar, B'luru 560033 have changed my name to Venkatram Narayan for all purposes.

I, Nisha Valoth Shaj Kumar R/o No 14 Rathna Sree Arcade Layout Doddabommasandra B'lore-97 Changed My Name Nisha Valoth to Nisha Valoth Shaj Kumar for All Future Purposes

I, MOHAMED IRFAN, R/at No.35, 8th Main road, 1st Cross, 3rd Stage, Pillanna Garden, Bangalore-560045 have changed my name to MOHAMMED IRFAN for all purposes.

I, Mohmed Hassan R/o No-664 , 9th Cross , 2nd Stage , Nandini Layout , B'lore-560096 have changed my name to Mohammed Hassain for all purposes.

I, Channabasava Hosmani S/o Shankar Gowda Hosamani R/O I Block, 303, 3rd Floor, Mantri Alpyne Banashankari, B'lore-560061 have changed my name to Channabasava Hosamani

I Rizwana Fathima Hussain r/o #16 1st cross CM road near karnataka floor mill, Virat Nagar Bomanahalli Bangalore - 68 new name Rizwana Sarvat

mybangaloremirror@timesgroup.com
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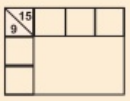
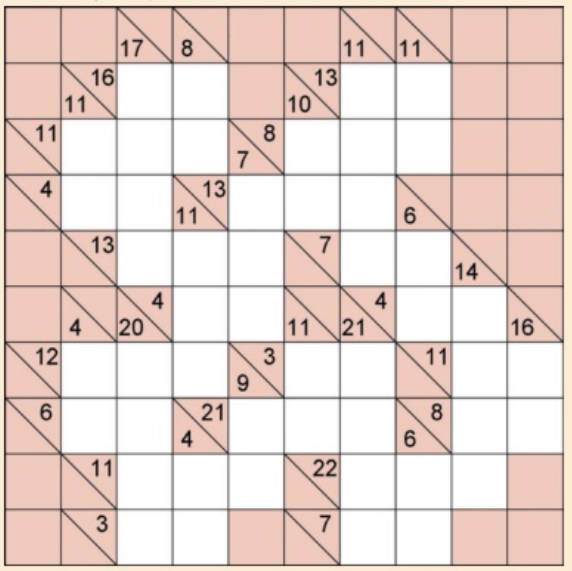
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

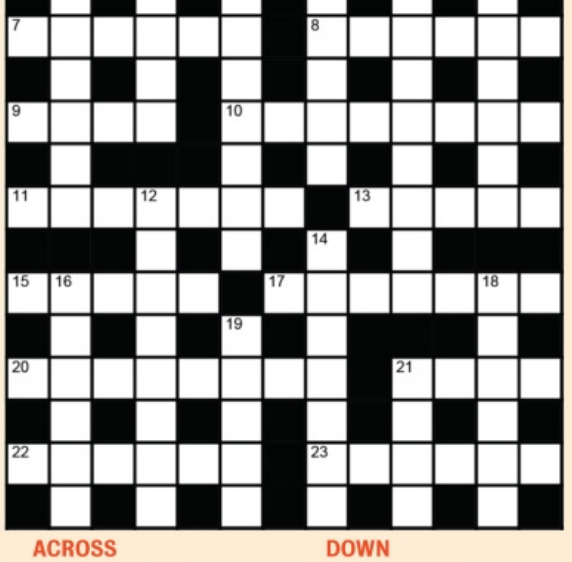


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 More elevated (6)
8 Make into a parcel? (4,2)
9 Big wild cat (4)
10 Cosmetic surgery (8)
11 Find fault with; bicker or nag (7)
13 Ten million, in our country? (5)
15 Small branches or shoots of tree (5)
17 Polish by friction (7)
20 Snakes (8)
21 Skater's leap (4)
22 Fashions (6)
23 Important city in Pakistan (6)

DOWN

1 Environment or surroundings (6)
2 Subsequently (4)
3 A side view (7)
4 On two occasions (5)
5 Brewing pot for a witch? (8)
6 Incompetent person (6)
12 New York City (3,5)
14 ___ Market: Market In Shivajinagar (7)
16 Coerces, extorts or seizes forcibly (6)
18 Cutting implements (6)
19 Grind (5)
21 Sore, as muscles (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: J EQUALS T

DYL PYUENVJF ZRW YATRU JVY KHYFYWZY SD SWY LVSI LY JHTFJ TJJYHUO.

Linemaro

I came over to see a dazzling light at this corner, and found it was you

Mindchow

There is no duty more obligatory than the repayment of kindness

Joke of the day

Q: What did the flea say to the other flea?
A: Should we walk or take a dog?

Loop

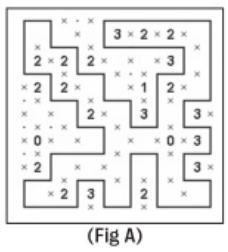
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

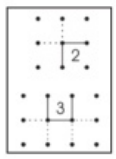
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

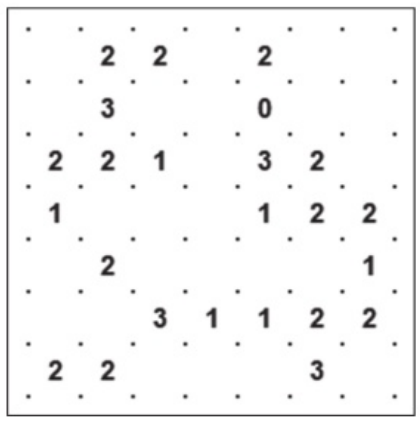
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



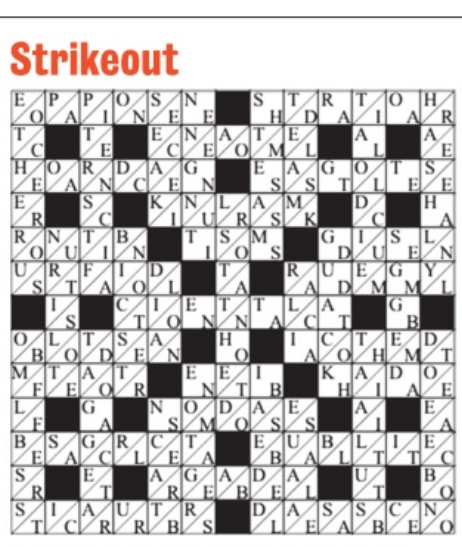
(Fig A)



(Fig B) Not Allowed



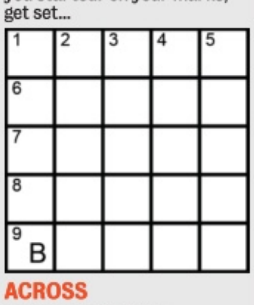
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Lapse; 6 A gait; 7 Lay is; 8 Aleve; 9 Ruble

DOWN

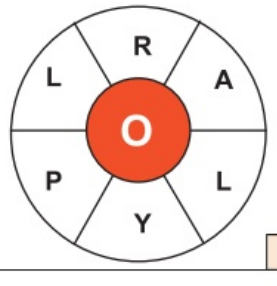
1 List B; 2 Lease; 3 Pauli; 4 Ave Ga; 5 Early

Mensapuzzle

What number should replace the question mark?

492, 366, 189, 810, ?

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

10 Average; 11 Good; 13 Outstanding

SudokuChallenge

		3	8			4		
			6	1				
4					9		8	
	1				2		7	5
6	8		7		1		2	4
2	7		5				3	
	5		2					1
				4	7			
		2			8	7		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 9

3 4 4 6

Medium = 19

2 3 9 9

Hard = 50

2 9 9 7

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

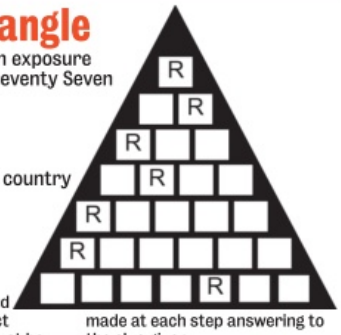
Differences: 1. Word is different. 2. Table leg is moved. 3. Glass is taller. 4. Curtain is shorter. 5. Collar is different. 6. TV dials are different.

Riddler

What connects Madagascar, Talladega Nights: The Ballad Of Ricky Bobby and Sweeney Todd: The Demon Barber Of Fleet Street?

Alpha triangle

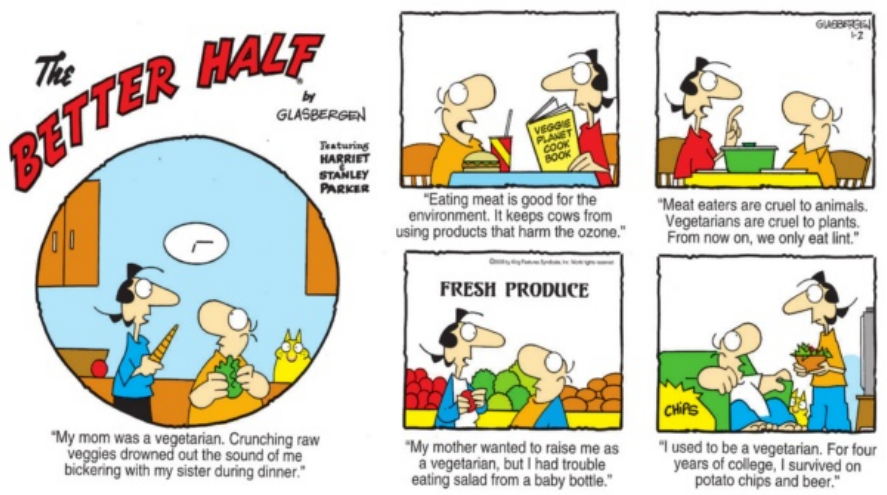
1 A unit of radiation exposure
2 Atomic number Seventy Seven
3 Fix a fight
4 Smile
5 Time of rule
6 Get back
7 Populous African country



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
Featuring HARRIET & STANLEY PARKER
"My mom was a vegetarian. Crunching raw veggies drowned out the sound of me bickering with my sister during dinner."
VEGGIE PLANET COOK BOOK
"Eating meat is good for the environment. It keeps cows from using products that harm the ozone."
"Meat eaters are cruel to animals. Vegetarians are cruel to plants. From now on, we only eat lint."
FRESH PRODUCE
"My mother wanted to raise me as a vegetarian, but I had trouble eating salad from a baby bottle."
CHIPS
"I used to be a vegetarian. For four years of college, I survived on potato chips and beer."

BABY BLUES™
BY RICK KIRKMAN & JERRY SCOTT
WE GOT THE LAUNDRY ALL CLEANED AND FOLDED
THE KITCHEN IS SPOTLESS, THE KIDS ARE ASLEEP...
...AND THE WHOLE HOUSE SEEMS TO BE UNDER CONTROL!
IS THERE A PROBLEM WITH THAT?
PARENTING RULE #619-B...
..."IF EVERYTHING IS GOING WELL, YOU'RE NOT PAYING ATTENTION."

the AMAZING SPIDER-MAN
STAN LEE
CAN A NORMAL COLLEGE STUDENT COPE WITH SUPER POWER AND A SECRET IDENTITY, OR--MUST DISASTER FOLLOW?

KRA-BOOOM
MAMMON
WHAT IN BLAZES WAS THAT?
THAT HELICOPTER-- IT FELL ONTO THE ROOF OF THE THEATER--
BUT--I DIDN'T SEE SPIDER-MAN OR IRON FIST JUMP FREE!
THAT, COLLEEN WING, IS BECAUSE ON THE FAR SIDE OF THE CURRENT CONFLAGRATION!...
WHY DIDN'T YOU TELL ME YOU COULD FORM THOSE WEBS OF YOURS INTO A PARACHUTE?
ACTUALLY, I HADN'T TRIED IT IN SO LONG--
--I WASN'T SURE I COULD!
WE'RE DRIFTING DOWN INTO THAT CONSTRUCTION SITE A FEW BLOCKS SOUTH OF 42ND...
YEAH...
AND LOOK WHO'S THERE WAITIN' FOR US!
GRUDGE MATCH— TO THE FINISH!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you are blessed by the moon; you may face all the challenges with the help of patience and hence you may enjoy at work. You may plan a short work-related trip where you may get help from your siblings and subordinates, which will enhance your social network. Job seekers are advised to use their network to get a suitable job.

Taurus Apr 21 – May 20
Today you may have some health related issues; lack of sleeplessness makes you arrogant. You are advised to avoid making arguments at work and at home to avoid messy situations. You may also be attracted to the occult. You may find yourself in a self analysis stage but somehow your good karma may help you to come out from this messy situation.

Gemini May 21 – Jun 21
Today you may plan to renovate your house. You may buy some artifacts or creative stuff, which will improve your social status. You may also invest in properties and other assets. You are likely to enjoy your romantic moments with your spouse, which will increase your emotional relationship with them. Singles may find a soul mate. Love birds may make some important decisions in terms of marriage.

Cancer Jun 22 – July 23
Today you may feel happy. Chronic health issues related to family members cannot be cured. Money that was stuck, may be recovered now, which may increase liquidity in the business. People who are in a job may get some incentives, which will improve your financial health. Job seekers may get a job with the help of any relative or friend's reference.

Leo Jul 24 – Aug 23
Today you are likely to use your creativity to renovate your house or office. Your focus towards your goals may be good. Overworking may tire your mind, which can create anxiety, restlessness, stress, and may affect your domestic life. Students are advised to avoid fantasy in their studies, they are advised to make a proper time table for their studies and follow it with the help of will power.

Virgo Aug 24 – Sep 23
Today you may be impatient, which may reflect into your way of working. There may be some silly mistakes, which may tend to incomplete your project. Investments in fixed assets are advised to postpone for some days. But with the help of destiny, you may overcome the messy situation. In the evening, you may be focused towards your work.

Libra Sep 24 – Oct 22
Today you may hear good news from your sibling. You may spend your time with family and friends. With the help of creativity, you may plan to renovate your house or office. You may start new partnerships with family members, which will be beneficial in the near future. Your subordinates at the office may help you in terms of projects.

Scorpio Oct 23 – Nov 22
Today you may be blessed by the moon. You may plan to renovate your office or house. You are advised to spend within the budget, otherwise it may affect your savings. Your straightforwardness may affect your relationship with loved ones, so you are suggested to think twice before speaking. You may also have teeth, throat, ear, nose related issues.

Sagittarius Nov 23 – Dec 22
Today you may feel happiness and peace of mind. You may work efficiently in your professional life; your subordinates may cooperate with you to take some important decisions in the business. You may plan to start some new venture with the help of your siblings and network, which may be beneficial in the growth of business.

Capricorn Dec 23 – Jan 20
Today you may have detachment from the responsibilities you have been given. You also expend more in purchasing worthless stuff, which may increase negativity in the house or office. You are advised to keep an eye on your opponents and rivals, otherwise you may be a victim of conspiracy. It is advised to read documents carefully before putting your signature.

Aquarius Jan 21 – Feb 19
Today you may enjoy your family and professional life. You may become polite with the people around you, which may help in smooth completion of your work. You may find some new sources of earnings, which may boost your savings. You may also plan to renovate your house or office. Natives who are in a job, may get promotions.

Pisces Feb 20 – Mar 20
Today you may be busy at work; your wisdom may help you to make the right decision in terms of business growth. You are likely to get a big order, which may extend your work. You may utilise your creativity to renovate your home or office, which may improve your social status. You may invest in some creative assets also.

KIDZONE

Dhanush Pallavi, 12 years, Bengaluru

Kaveri Sriram, 9 years, Valistus International School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru- 560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
$= (2.3)(100000) + 4.5(10^5) + 3(10^5)$
$= 230000 + 4.5(10^5) + 3(10^5)$
$= 230000 + (4.5)(100000) + 3(10^5)$
$= 230000 + 450000 + 3(10^5)$
$= 473000 + 3(10^5)$
$= 473000 + (3)(100000)$
$= 473000 + 300000$
$= 503000$

BULL'S EYE
alloy, loyal, opal, oral, orally, pallor, PAYROLL, ploy, polar, poll, roll, ropy, royal

FAST FIVE

S	E	P	A	L
T	A	I	G	A
I	S	L	A	Y
L	E	A	V	E
B	L	U	E	R

STRIKE OUT

S	C	R	U	B	S		L	E	S	S	E	N		
	E			E	B	E	L		U		O			
R		R	E	A	T	E		A		V		E		
E	S		K	U	L	A	K		C		H			
H	A	R	D	E	N		E	A	G	L	E	S		
T		E		N	A	T	E		A		P			
O	P	P	O	S	E		S	T	A	T	O	R		

QUICK

S		E		H		L		Y		S				
S	T	Y	L	E	S		L	A	H	O	R	E		
	S		P		A		E		C		A			
S	E	R	P	E	N	T	S		A	X	E	L		
		H												
	R		A		G		S							
T	W	I	G	S		B	U	R	N	I	S	H		
	O				E		R		O					
O	U	I	B	B	L	E		C	R	O	R	E		
		E			I		E		D		E			
L	I	O	N		F	A	C	E	L	I	F	T		
	L		E		O		I		U		F			
H	I	G	H	E	R		W	R	A	P	U	P		
M		T		P		T		C		D				

MENSA PUZZLE
88: $8 \times 1 = 8, 8 + 0 = 8$.

RIDDLER
Sacha Baron Cohen featured on all the movies in question

QUOTE UNCODE
Few delights can equal the presence of one whom we trust utterly.

SUDOKU

7	9	3	8	2	5	4	1	6
5	2	8	6	1	4	3	9	7
4	6	1	3	7	9	5	8	2
3	1	9	4	8	2	6	7	5
6	8	5	7	3	1	9	2	4
2	7	4	5	9	6	1	3	8
9	5	7	2	6	3	8	4	1
8	3	6	1	4	7	2	5	9
1	4	2	9	5	8	7	6	3

ALPHA TRIANGLE
R, I'n, Rig, G'rin, Reign, Regain, Nigeria.

LOOP
Easy
$3 - 4 + 4 + 6 = 9$
Medium
$3 - 2 + 9 + 6 = 19$
Hard
$9 + 7 + 9 \times 2 = 50$

KAKURO

		3	1	6	7			
	4	1	3	2	9	5		
3	2	9	5	8	6	1	4	
1	6	8	9	7	4	3	2	
	5	2	1	4	3	9	7	
		1	6	7	2	8		

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Rare condition

Former actor Celina Jaitly took to her IG handle to conduct an AMA session on Saturday, where she was asked how come she conceived twins during both her pregnancies. Posting a couple of pics from her pregnancy days, Celina wrote, "Today I have been doing an "Ask me anything session" with my dearest Instagram community and this question from the_vishu.akash_sood was interesting and I thought many of you would like to know about this. He asks: Are you having twin babies through IVF or naturally?

To this, Celina replied, "So ... I have a rare genetic condition and in my case Non-identical (fraternal) twins or multiples tend to be hereditary. Some people inherit a gene that causes more than one egg to be released during ovulation, increasing the likelihood of multiples being conceived. This can make for lots of twins down the generations!" Celina tied the knot with businessman Peter Haag in 2011 and gave birth to the first set of baby boy twins Viraaj and Winston in 2012. She gave birth to a second set of twin boys in 2017, but, the couple lost baby Shamsher due to a heart condition. The couple's other twin, born pre-term, is healthy now. **—ETimes**

INTERVIEW | SARA ALI KHAN, ACTRESS

CHIN UP

About success, cheerful nature and more

Riding high on the success of 'Zara Hatke Zara Bachke', Sara is enjoying her time in front of the camera, not letting the few flops dampen her chirpy spirit.

ETimes' Bharti Dubey spoke to Sara about success, social media, and much more...

How affirming has the response received by 'Zara Hatke Zara Bachke' been?

I think as an actor, since I put my life and soul into my characters, it's always great to receive love for it. But honestly the very overwhelming amounts of love and appreciation that 'Zara Hatke Zara Bachke' has received, has left me just thoroughly grateful. Grateful to the audiences and the media for their love, and grateful to the universe that people are still going and enjoying simple films in theatres with their families.

What's the secret behind your forever cheerful public appearances?

I think it's because I usually am cheerful. Life is too short and we have way too much to be grateful for. And sometimes if I'm low, I just cheer up because I know I have to. So sometimes the public persona does help. On low days especially, because you have to get up, smile and do your work. And I find healing too in that.

Social media adulation and hate can be overwhelming. How do you cancel out that noise, good and bad?

I hear everything, but listen to only what's constructive, if people don't like my work that's a problem. So any inputs regarding my work I listen to, but comments made on my personal life and beliefs are always ignored by me.

Do you strategise your choice of scripts depending on the fate of your last release?

My films choose me. I think the directors I have worked with prove that. I am a director's actor and I am here to learn. I just want to be part of stories that I feel deserve to be told. **—ETimes**

Get well, Mouni

After 9 days of hospitalisation, Mouni Roy is back home. The actor on Saturday shared a health update with fans on social media.

Taking to Instagram, Mouni shared a series of pictures and penned a thank you note. In the first picture, Mouni can be seen leaning on her husband Suraj Nambiar's shoulder while posing for a selfie. She also shared a photo of her hand with a needle injected for drip and a bandage wrapped around it. And other images show how she survived in the hospital. It included playing ludo to reading books. Mouni also posed with her brother in the car. She also shared a picture of her fur buddy.

She wrote, "9 days in a hospital & I'm overwhelmed by a stillness deeper than anything I have ever known. Happy to report I'm back home and recovering slowly but very well. A happy healthy life over everything. A big thank you to the doctors & nurses & my loveliest friends..." —ANI

All that jazz

Actress Sheebha Chaddha, who is known for her work in films such as 'Dum Laga Ke Haisha', webseries 'Mirzapur', 'Raees', 'Badhaai Ho', 'Gully Boy' and others, has shared about the kind of music she likes to listen to. The actress said that she loves listening to Jazz and Indian classical music.

She said: "Old bollywood songs are great, just the black and whiteness of it is so innocent, so beautiful, I love that. So I think I am somebody who always felt like I really like music but put very little effort into it like finding or setting up a good music system at home." She said on 'Pop Wrap by IVM Podcasts', "I like listening to music all the time, I am very fond of jazz, Indian classical and then I love to listen to a lot of what the young people listen to know, a lot of new stuff."

Chaddha grew up in Delhi, where she developed interest in theatre and started taking theatre workshops. She majored in English literature from Hans Raj College, and was a classmate with filmmaker Anurag Kashyap.

She has acted as a character actor in films like 'Hum Dil De Chuke Sanam', 'Parzania', 'Delhi 6', 'Luck by Chance' and 'Talaash'. In 2011, she also appeared in the short film, 'Prakata Het Yad' in gibberish, with actor Rituraj Singh. **—IANS**